



World Peace Begins at Home

Parents learn peacemaking skills for home and work from a Virtual Classroom while sitting in the comfort of their home or office

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Hillsborough, NJ--After a long stressful day at work, many parents come home to total stress and chaos as they battle with their kids. Now, through the use of their regular phone, parents from everywhere can simultaneously dial in to a given phone number and meet with other parents from around the globe and experts, **Naomi Drew** (author of several Peacemaking and Conflict Management books and parenting coach) and **Natalie Gahrmann** (private success coach specializing in work/life mastery), to learn techniques to create a calm and happy home while becoming a less stressed parent. Classes are scheduled for four consecutive weeks at the same day and time each week. Registration is made through a virtual workshop company located in Juneau, AK, **World Family Connections** (www.worldfamilyconnections.com) at their Family Togetherness department.

"Working parents need to be able to reach out and get support in every facet of their life", says **Natalie Gahrmann**, Co-Facilitator, Success Coach and Director of [N-R-G Coaching Associates](http://www.nrgcoaching.com). "By offering interactive classes that are convenient, cost effective, fun and safe, parents can feel supported while they gain new skills to help succeed in their parenting role. Many of these skills are also transferable to the office and other relationships."

Naomi Drew is recognized around the world as one of the first people to bring peacemaking skills to public education. After numerous requests from educators and parents alike, Ms. Drew wrote her third book, "Peaceful Parents, Peaceful Kids: Practical Ways to Create a Calm and Happy Home". Now, she's partnering together with Ms. Gahrmann to bring peaceful parenting around the globe. The class will provide strategies to help parents model peacefulness, manage anger (theirs and their children's), discipline positively, and, resolve conflicts using win/win negotiation skills. Ms. Drew can be found on the web at www.learningpeace.com.

For more information and reservations, visit www.worldfamilyconnections.com or contact either Natalie Gahrmann at natalie@nrgcoaching.com or Naomi Drew at win47win@aol.com

About the Author:

Natalie Gahrmann is a dynamic keynote speaker, workshop/seminar leader, author, trainer and a leadership coach certified through the International Coach Federation. She combines life experiences and extensive training to motivate others to achieve better results, unlock creativity and gain personal fulfillment in their work and personal life. She specializes in working with Executives, Entrepreneurs, Aspiring Leaders, Working Moms, and SuperBusy Parents seeking to have a more satisfying and fulfilling personal, professional and/or family life. She has appeared worldwide in a variety of publications, newspapers, online, radio and TV as an expert in work/life issues. For more tips, advice and resources see "Succeeding as A Super Busy Parent: 75 Practical Tips for Balancing Life, Love, Kids, and Career" (Infinity Publishing, 2002) and visit <http://www.superbusyparent.com>. To subscribe to our free weekly e-newsletter for working parents, send a blank email to superbusyparent-subscribe@yahogroups.com.

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